

# CORTE MADERA & LARKSPUR

Parks and Recreation



WINTER 2017 / SPRING 2018



**Contact Information**

Phone: (415) 927-6746  
 Fax: (415) 927-6758  
 Rain Out Field Line: (415) 927-5035  
 lk\_recreation@cityoflarkspur.org  
 www.cityoflarkspur.org/recreation

**Hours**

Monday-Thursday  
 9:00am-12:00pm and 1:00pm-5:00pm  
 Closed Friday (appointments available)  
 Closed Saturday and Sunday

**Address**

Larkspur Recreation Department  
 240 Doherty Drive, Larkspur CA  
 (across from the Central Marin  
 Police Authority, next to Hall Middle  
 School Gym)

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# Message from the Director:

My name is Dick Whitley. As Director of the Larkspur Recreation Department, I have the pleasure of working with some amazingly talented folks, all focused on bringing sports, rentals, activities for developmentally disabled adults and after school classes to you and your family.

I get to work with Erin Duggan and Beth Suess, co-directors of the Super Cool Summer School or SCSS. Another major success has been achieved by these ladies and their staff, bringing 4 weeks of stimulating and educational classes, as well as employment opportunities to more than 1,000 local kids.

Our Twin Cities Children's Center continues to offer amazing experiences for children in grades TK – 5th. The staff at TCCC (I get to work with Sandi, Tricia, Jay, Jan, Annie, Jennifer and Sandra) combine a world of experience with an innate sense of fun and produce one of the best experiences available to your child. Their website is <http://www.twincitieschildrenscenter.com/>

We are working very closely with our Public Works/Engineering Department to get new amenities for our local parks and gathering places. I get to work with an amazing group of really talented folks who are responsible for getting things done. We are currently working hard to establish and uniform and informative

park entrance signage program. Positive changes are in the works!

Did you know: that the Larkspur Community Garden celebrated its 35th growing season? I get to work with Stephen Conner, who has been the volunteer Garden Coordinator for almost that entire time. Thanks also to Stephen's other coordinators, who help him keep things moving smoothly along.

Did you know: that the Larkspur Walkers walking group has been treading around Larkspur and other local environs since 1987? A very large number of Walkers volunteer their time and effort to making this program a huge success.

We look forward to seeing you and thank you for the opportunity to provide our programming services to you and your family. Please feel free to check out our website: <http://www.cityoflarkspur.org/111/Recreation>

Best regards and wishes for the new year,

*Dick Whitley*, Director  
Larkspur Recreation Department



### Mission

The City of Larkspur is committed to providing the best possible service to the community, preserving the City's unique historic character, and maintaining its total environmental balance.

### Parks & Recreation Commission

Jeanne Friedel, Chair  
Lisbet Sunshine, Vice Chair  
Sandy Blauvelt  
Richard Cimino  
Michael Koepfel

### Park & Recreation Department Staff

Dick Whitley, Director  
Nick Stone, Supervisor  
Toni DeFrancis  
Administrative Assistant

## Online Registration

Larkspur Recreation has a convenient registration system that allows online registration. Program participants can create their own personal registration account and expedite the registration process right from home. If you have not already registered and created your own account, click on "create account" and follow the prompts. Make sure you add your children to your household by clicking on "add members". Once you have your account you can register, look up past registrations and current registrations. Visit our website to create your account at [www.cityoflarkspur.org/recreation](http://www.cityoflarkspur.org/recreation)

## Program Registrations

Pre-Registration is required for all programs unless otherwise listed. Drop in classes require payment to the instructor before the start of class. Larkspur Recreation cannot hold space in any class or activity unless you have registered and paid. PLEASE REGISTER EARLY- All programs have a minimum registration number and if we don't reach that pre-registration number we have to cancel the class. Some programs may already be full. Please check our website or call our office for program availability.

## How to Register

Online at [www.cityoflarkspur.org/recreation](http://www.cityoflarkspur.org/recreation)

**In Person** at the Larkspur Recreation Department located at 240 Doherty Drive Larkspur, CA 94939. Office hours are from 9:00am-12:00pm and 1:00pm-5:00pm Monday- Thursday, closed Friday Saturday and Sunday to the public.

**By Fax** (415) 927-6758

**By Mail** Mail your registration form to 240 Doherty Drive, Larkspur, CA 94939.

**Drop Box** For your convenience, there is a secure drop box to the left of our front door for after hours use.

**By Phone** (415) 927-6746 A current liability waiver must be on file at the recreation department to register by phone. Please have the class code number and your credit card ready before calling.

## Method of Payment

Larkspur Recreation accepts Visa, MasterCard, cash and checks. There is a \$20 charge for returned checks.

## Program Cancellations/Modifications

Larkspur Recreation reserves the right to cancel or modify a program due to low registrations or other unforeseen circumstances. Registrants will be notified by email if changes occur to their programs.

## Refunds

A request for a refund due to withdrawal from a program must be made to the recreation office a week prior to the start of the first class. Refunds are subject to a \$10.00 service charge. If a program is cancelled by Larkspur Recreation, a full refund will be issued. Some programs such as Super Cool Summer School have separate refund policies.

## Program Instructors

We're always on the lookout for instructors to teach classes on new and exciting subjects. If you have a speciality you would like to share, we want to work with you to develop new programs. Contact Nick Stone at (415) 927-6746 for more information.

## Americans with Disabilities Act

Larkspur Recreation welcomes all individuals and families from our community to participate and enjoy our programs and facilities. If you or your child require special assistance call (415) 927-6746.



## Nothing Kills A Program Quicker...

than everyone waiting until the last minute to register for it. If you would like to participate in one of our classes please REGISTER WELL IN ADVANCE of the start date. At some point, we must determine if enrollment is sufficient to hold the activity. By registering early you are assisting us in providing the best service possible.

**Bacich Classes**

Bacich Elementary has given Larkspur Recreation the opportunity to provide after school enrichment classes for their students. These classes are not part of Bacich school. We ask if you have any questions about classes, instructors or registration that you not ask the office staff. Please contact Larkspur Recreation. Once you are registered in a class we will send you an email before the start of the class with the room number. Please make sure you remind your child to go to the correct classroom after school. [www.cityoflarkspur.org/recreation](http://www.cityoflarkspur.org/recreation) (415) 927-6746.

**Registration opens online Monday, December 4th**

**Checkmate Chess at Bacich**

Develop your critical thinking and problem-solving skills while having fun! Learn how to move the various pieces and basic and intermediate strategy of this fascinating game. The class period generally consists of instruction and supervised play. Competitive matches and tournaments will take place near session's end. For Bacich Elementary students only.

Class Location: Bacich Elementary

| Code | Day    | Dates     | Time            | Cost  | Grade |
|------|--------|-----------|-----------------|-------|-------|
| 731  | Monday | 1/22-4/23 | 2:20 PM-3:10 PM | \$214 | 1-2   |
| 732  | Monday | 1/22-4/23 | 2:55 PM-3:45 PM | \$214 | 3-4   |

**Sew Much Fun**

As Sewing Sally has recently returned from seeing African animals in their habitat she has now planned a safari for you. Sew a Masai hut and warrior, elephant, giraffe, warthog, rhino, and hippo. She will tell you about her experiences and the animals as the class sews together. There is something for every level, from easy hand stitched felt shapes to embroidery pillows and appliqué projects. Wash your hands before class and get ready to have "Sew much fun"! Sewing Sally and Darlene will be co-teaching class this semester!

--Class Location: Bacich Elementary

| Code | Day      | Dates     | Time            | Cost  | Grade |
|------|----------|-----------|-----------------|-------|-------|
| 739  | Thursday | 1/18-3/15 | 1:10 PM-2:10 PM | \$181 | K     |
| 740  | Thursday | 3/22-5/17 | 1:10 PM-2:10 PM | \$181 | K     |
| 741  | Thursday | 1/18-3/15 | 2:20 PM-3:20PM  | \$181 | 1-2   |
| 742  | Thursday | 3/22-5/17 | 2:20 PM-3:20 PM | \$181 | 1-2   |
| 743  | Thursday | 1/18-3/15 | 3:00 PM-4:00 PM | \$181 | 3-4   |
| 744  | Thursday | 3/22-5/17 | 3:00 PM-4:00 PM | \$181 | 3-4   |



**Jewelry with Nikki**

Learn some real jewelry making skills in this fun and experimental jewelry class! Students will learn to use jewelry tools and also use traditional and not so typical materials to create their own sophisticated jewelry! The class will be making some of their own beads and will also have a treasure trove of beautiful new and vintage beads to choose from Nikki's collection! Using wire, beads, leather, glass and other elements, students will create their own one of-a-kind jewelry masterpieces; Necklaces, bracelets, earrings, pins, and more...Develop awesome jewelry making skills and come away with lots of wearable art to wear and share with their family and friends! ALL materials are included in this class and healthy snacks are provided. Nikki Contini is a long time local glass, eco-artist and educator. She teaches glass fusing, jewelry and eco-art to children in after school enrichment programs throughout the school year. Nikki brings her enthusiasm for crafts of all kinds to her classes and is committed to helping her students joyfully explore their creativity. Her artwork is colorful and whimsical and has been exhibited in many shows over the last 15 years. Check out her blog at [fusedglassoriginals.blogspot.com](http://fusedglassoriginals.blogspot.com)

Class Location: Bacich Elementary

| Code | Day    | Dates     | Time            | Cost  | Grade |
|------|--------|-----------|-----------------|-------|-------|
| 745  | Monday | 3/26-5/21 | 2:55 PM-4:10 PM | \$296 | 3-4   |



### Glass Fusing with Nikki

This class is Glass Fantastic!! Students explore the ancient art of fused glass. They will learn how to safely bend glass using flame and will also learn to cut and layer glass into creative and functional forms which will then be kiln fired. Students come away from the class with lots of beautiful glass work and will be AMAZED at what they can make with glass. New projects/techniques will be introduced each week and students will develop a firm understanding of the craft of fusing. This is a great opportunity to make one-of-a-kind hand-made gifts for the holidays as well! Class fee covers all glass, firings and materials. Healthy snacks provided.

Class Location: Bacich Elementary

| Code | Day    | Dates     | Time            | Cost  | Grade |
|------|--------|-----------|-----------------|-------|-------|
| 746  | Monday | 1/22-3/19 | 2:55 PM-4:10 PM | \$294 | 3-4   |

### Drawing, Painting, Sculpting at Bacich

Students will explore art basics in several media, including watercolor, pencil, charcoal, and clay. Learn to draw landscapes, portraiture, still life, and bring imagined subjects to life. All levels of skill and experience welcome. Class for Bacich Elementary students only.

Class Location: Bacich Elementary

| Code | Day       | Dates     | Time             | Cost  | Grade |
|------|-----------|-----------|------------------|-------|-------|
| 733  | Tuesday   | 1/16-3/13 | 2:20 PM-3:20 PM  | \$150 | 1-2   |
| 734  | Tuesday   | 3/21-5/22 | 2:20 PM-3:20 PM  | \$165 | 1-2   |
| 735  | Wednesday | 1/17-3/14 | 12:30 PM-2:00 PM | \$210 | 3-4   |
| 736  | Wednesday | 3/21-5/23 | 12:30 PM-2:00 PM | \$210 | 3-4   |

### Amazing Science at Bacich

NEW topics for a new school year! Join us for a wide variety of kid-pleasing science topics, demonstrations, experiments, and hands-on activities, including chemistry, physics, geology, biology, paleontology, and many others! Winter 2018: Slither with Reptiles; dig into Soil Science; shoot the breeze with Tornados; break down the Human Digestive System; get a whiff of Odor Testing; feel the pull of Gravity; stay safe in Survival Scenarios; rappel into the amazing world of Spiders; and more! (Lessons subject to change.) All experiments are kid safe and fully supervised. All materials are included. Curriculum is age appropriate: older students' lessons are more advanced and complex. Amazing Science is a program of Watershed Preservation Network, a California non-profit environmental education organization.

Please visit our website for more information on classes. [www.AMAZINGSCI.org](http://www.AMAZINGSCI.org)

Class Location: Bacich Elementary

| Code | Day       | Dates    | Time             | Cost  | Grade |
|------|-----------|----------|------------------|-------|-------|
| 737  | Wednesday | 1/17-3/7 | 12:15 PM-1:30 PM | \$262 | 1-2   |
| 738  | Wednesday | 3/28-6/6 | 12:15 PM-1:30 PM | \$262 | 1-2   |

### TinkerTech Inventors

Make a creative project every week and learn to code games in this dynamic and imaginative group class. Students explore STEAM (Science, Technology, Engineering, Art and Math) through TinkerTech's design and engineering challenges. Students in this fun class get their hands on low-tech maker materials combined with edtech tools such as LittleBits, MIT's makeymakey with Scratch - and the Bay Area's CircuitCubes, Tinkering Labs and Lectrify. Some take-home projects in this graduating program where students build on skills learned across the year. Materials fee of \$40 per student included in the class fee. Class Location: Bacich Elementary

| Code | Day     | Dates     | Time            | Cost  | Grade |
|------|---------|-----------|-----------------|-------|-------|
| 747  | Tuesday | 1/16-3/13 | 2:55 PM-4:00 PM | \$224 | 3-4   |
| 748  | Tuesday | 3/20-5/15 | 2:55 PM-4:00 PM | \$224 | 3-4   |

### TinkerTech Girls

Make a creative project every week and learn to code games in this dynamic and imaginative group class. Students explore STEAM (Science, Technology, Engineering, Art and Math) through TinkerTech's design and engineering challenges. Students in this fun class get their hands on low-tech maker materials combined with edtech tools such as LittleBits, MIT's makeymakey with Scratch - and the Bay Area's CircuitCubes, Tinkering Labs and Lectrify. Some take-home projects in this graduating program where students build on skills learned across the year. Materials fee of \$40 per student included in the class fee.

Class Location: Larkspur Recreation

| Code | Day       | Dates     | Time            | Cost  | Grade |
|------|-----------|-----------|-----------------|-------|-------|
| 749  | Wednesday | 1/17-3/14 | 2:30 PM-3:30 PM | \$224 | 3-4   |

### Super Cool Summer School 2017!

SCSS is back for another summer! This year we will be holding SCSS at Hall Middle School from June 18th-July 13th. Our brochure will be out towards the end of February with info on all of the fun and exciting classes being offered!

**Classes fill quickly. Register Early.**



All classes taught by LG Tennis staff. Minimum of 3 players or 2 paying for 3. Drop-in fee is \$30 for 1 1/2H classes, \$25 for 1H classes, \$15 for 1/2H classes, limited to space available, no refund for missed classes

**Junior Tennis 11-14 year old (Beginners/Semi-Beginners, green ball)**

Class description: This class offers girls and boys age 11 to 14 the opportunity to learn sound fundamentals of the game, including groundstrokes, serves, returns, net play techniques, basic strategy and rules of tennis with the goal of preparing them to eventually join the Junior Tennis Team

| Code | Day     | Dates   | Time        | Cost  |
|------|---------|---------|-------------|-------|
| 770  | Mondays | 3/5-6/4 | 4:00-5:00pm | \$269 |



**USTA Junior Tennis Team Practice (14U/yellow ball)**

Class description: USTA Junior Tennis Team offers girls and boys age 12 to 14 the opportunity to play on teams in local leagues that emphasize fun, fitness and friends. Teams have the opportunity to advance to Area, Section, State and National Championships! 5 reg. min to make it a go. Must not turn 15 by 05/31.

| Code | Day        | Dates   | Time     | Cost  |
|------|------------|---------|----------|-------|
| 771  | Tues & Fri | 3/6-6/1 | 4-5:30pm | \$485 |



**Quickstart#1 (5-6 year olds)**

Class description: Children will enjoy the experience of hitting balls back and forth in a safe environment. Emphasis is on passing, rolling, tossing or throwing the ball. Students will learn how to rally a ball over low net using a red foam or red low compression felt ball that moves slower, bounces lower and travels less distance for immediate enjoyment of real tennis.

| Code | Day        | Dates     | Time        | Cost |
|------|------------|-----------|-------------|------|
| 772  | Wednesdays | 1/10-2/14 | 1:45-2:15pm | \$95 |
| 773  | Wednesdays | 3/7-4/18  | 1:45-2:15pm | \$95 |
| 774  | Wednesdays | 4/25-5/30 | 1:45-2:15pm | \$95 |



**Quickstart#2 (7-8 year olds)**

Class description: Emphasis for this age group is on rally skills using both forehand and backhand ground strokes. Students will be taught other skills needed to play a complete game of tennis including serves and returns of serve as well as learn simple tactics and introduction to rules of tennis. Red low compression felt ball will be used for adjusted striking zone adapted to their height in order to hit over the net with consistency.

| Code | Day        | Dates     | Time        | Cost  |
|------|------------|-----------|-------------|-------|
| 775  | Wednesdays | 1/10-2/14 | 2:15-3:15pm | \$137 |
| 776  | Wednesdays | 3/7-5/30  | 2:15-3:15pm | \$269 |

**Quickstart#3 (9-10 year olds)**

Class description: Students will learn the basics of a rally by using forehand and backhand ground strokes. Overhand serve will be introduced and the return of serve is emphasized as well as volley, approach shot and overhead skill. Understanding singles and doubles play, develop the tactics for different playing situations, shot selection and court positioning will be covered as well. Orange low compression felt ball that moves a little faster and travels farther but still has a lower bounce than the yellow ball will be used for adapted development of the students' tennis skills.

| Code | Day        | Dates     | Time        | Cost  |
|------|------------|-----------|-------------|-------|
| 777  | Wednesdays | 1/10-2/14 | 3:15-4:15pm | \$137 |
| 778  | Wednesdays | 3/7-5/30  | 3:15-4:15pm | \$269 |

**USTA Junior Tennis Team Practice (12U green ball)**

Class description: USTA Junior Tennis Team offers girls and boys age 10 to 12 the opportunity to play on teams in local leagues that emphasize fun, fitness and friends. Teams have the opportunity to advance to Area, Section, State and National Championships! 5 reg. min to make it a go. Must not turn 13 by 05/31.

| Code | Day        | Dates    | Time        | Cost  |
|------|------------|----------|-------------|-------|
| 779  | Wednesdays | 3/7-5/30 | 4:15-5:15pm | \$485 |
| 779  | Fridays    | 3/9-6/1  | 4:00-5:30pm |       |

Private and small group lessons are also available beyond the dates listed. Let your tennis pro know, if you want to arrange for more instruction.







**Katia & Company Presents: Aladdin!**

Join us on a magic carpet ride with Aladdin on an adventure through Agrabah. Along the way he meets a wish-granting genie and falls in love with Princess Jasmine. All actors receive a role and get to perform in our full-scale production May 13-19th at the Civic Center.

**Actors In Grades 1-3**

Young actors will have a great time singing and learning dances to hits like, "Friend like Me," and "Whole New World." Each week will be spent practicing songs and playing theater games to boost confidence and stage presence, then they will get the opportunity to perform on the mainstage with the older actors in the performance! Young actors rehearse 1x/week with additional days the week of the show. Choose which day your actor will rehearse. 1st-3rd graders will be cast at their first class and do not need to audition or memorize anything. For production info and schedule info, visit: [katiaandcompany.com](http://katiaandcompany.com)

**Rehearsals:** Wednesdays, 1:15-2:30  
 OR March 14th/16th - May 16/18th  
 no class week of April 9-13th (Spring Break)  
**Show week:** May 13th-19th at the Civic Center  
**Cost:** \$205

**Actors In Grades 4-8**

Actors will be cast in a role based on their audition, grade and experience. Actors typically attend 1-2x rehearsals each week, on either Wed, Thurs or Friday. (If you have day preferences or conflicts, you may note these on your audition form) For detailed schedule, participation info and audition materials, visit: [katiaandcompany.com](http://katiaandcompany.com)

**Auditions:** Friday, March 2nd, 3:30-6pm  
**Rehearsals:** Wednesday, 2:30-4:30 / Thursday, 3:15-5:15pm / Friday, 4-6pm  
 (Actors will be called 1-2 of these days each week based on their role and cast)  
 No rehearsals April 9-13th (Spring Break)  
**Show week:** May 13th-19th at the Civic Center  
 (expect additional rehearsals this week)  
**Cost:** \$295  
**Registration:** Begins February 1st!



### The Lounge at Hall

This after school program provides students a vibrant, exciting environment to do homework, socialize and participate in indoor and outdoor activities. Students will start the afternoon with supervised homework time. Staff members offer assistance and encouragement, but this program is not tutoring. The rest of the afternoon will offer opportunities to play board games, sports, socialize, arts and crafts, and enjoy a variety of planned events. There will be weekly movie days, contests, monthly theme parties, and more! Payment options are available. Open every day after school until 6pm. Please call Larkspur Recreation for more information 415-927-6746.

### Archery Tag

Coming this Spring! Details to follow.

### Checkmate Chess Intermediate

This is a chess class for experienced chess players with at least 2 years of continuing chess class instruction and play. We will not cover the basic rules of chess or how the pieces move. We will cover several themes and motifs and patterns that come up in chess like the Greek gift, Lasker's double bishop sacrifice, Philador's position (1777) and Lucena's position (1497). Class instruction will cover going over grandmaster games from Bobby Fischer to Gary Kasparov. There are valuable lessons that we can learn from the great chess players.

Class generally consists of 20 minutes of demo and 35+ minutes of supervised play. If your child wants to have fun and take their chess understanding to the next level, this is a great class.

Class Location: Larkspur Recreation

| Code | Day      | Dates     | Time              | Cost  | Grade |
|------|----------|-----------|-------------------|-------|-------|
| 752  | Thursday | 1/18-3/22 | 3:15 PM – 4:30 PM | \$195 | 5-8   |



### Fine Art and Beyond!

Students will explore fine art in several media, including watercolor, drawing, acrylics, oil painting, and sculpture. Subjects will include still lifes, landscape, and portraiture. A brief lesson integrating examples from the history of art will be followed by individual help. Students may continue the lesson or receive guided instruction for their own projects. Instruction is designed to benefit all levels of skill and experience. Includes materials.

Class Location: Kent Middle School

| Code | Day      | Dates     | Time              | Cost  | Grade |
|------|----------|-----------|-------------------|-------|-------|
| 750  | Thursday | 1/18-3/15 | 3:30 PM – 4:30 PM | \$215 | 5-8   |
| 751  | Thursday | 3/22-5/24 | 3:30 PM – 4:30 PM | \$215 | 5-8   |



### Babysitting Class

Learn how to be a role model for children! Discover how to be a great babysitter! You will learn how to create safe play and how to respond to emergencies in this course. Games, activities, basic care giving, age appropriate play and accident prevention will be covered. We will also touch on First Aid which will make you a marketable babysitter! Please bring pen/pencil to class. Course fee includes babysitter handbook and certificate.

| Code | Day      | Dates | Time             | Cost | Grade |
|------|----------|-------|------------------|------|-------|
| 410  | Saturday | TBD   | 10:00 AM-2:00 PM | \$95 | 5-8   |



**TWIN CITIES  
CHILDREN'S  
CENTER**

- \* Established in 1975
- \* A year round childcare program run by dedicated & licensed professionals
- \* Located at Neil Cummins
- \* Serving local K- 5th Graders
- \* Affordable experienced care
- \* Providing quality care on a regular scheduled basis & convenient drop-in
- \* Small safe 1 to 12 ratio
- \* Summer & Holiday Camps open to all Marin Residents

Ca State License # 210106797

**Teeckids@gmail.com For more information call 924-6622**

**WWW.TWINCITIESCHILDRENSCENTER.COM**

Art  
Sports  
Cooking  
Games  
Friends  
Fun

### Mini Music Makers

This interactive caregiver/child class combines singing, dancing, instrumental playing, and puppets, too! Come join this creative play time, where children can freely explore & express their imaginative ideas. No advanced sign up required. For ages 6 months to 3 years. \$15 for a drop in or 6 pass card for \$80.

**Tuesdays • 10am-10:30am**

No class winter break, classes resume on January 8th & 9th

### Art for Preschoolers

Join us for a fun and interactive art class for children. With a new project each week, the fun is endless! Activities can include painting, slime-making, building and crafting! Children ages 2-4 years are welcome with caregivers, parents, grandparents and siblings. No advanced sign up required. \$15 for a drop in or 6 pass card for \$80.

**Mondays • 10:00am-10:30am**

No class winter break, classes resume on January 8th & 9th

### Swimming-Tidalwaves

The Tidalwaves Swim Team is dedicated to providing access to the sport of swimming and a high quality competitive experience for members of our community to develop self-esteem, swimming skills, sportsmanship, and a strong sense of team spirit and achievement. We are open to swimmers of ALL ABILITIES ages 5-18 and are part of the Marin Swim League (a league of 10 community teams within Marin County). The Spring/Summer program is run primarily at Redwood High School from late February through mid July, (an 8 & Under practice group is run at College of Marin, Kentfield as well). All practices are run by professional coaches. Parent volunteer commitment is required to run team events and meets. Its fun for the whole family! There's no better way for kids to become, strong, competent swimmers and build lifelong friendships in the process.

*More details for our 2018 Spring Season, as well as our Fall and Winter swim programs are available online at [www.gowaves.com](http://www.gowaves.com). Head Coach Marie McSweeney is also available to answer questions about your child's readiness for the team at [mariemcswim@yahoo.com](mailto:mariemcswim@yahoo.com) or 415-453-9563.*



## Tennis Classes

### Level #1: Beginners Tennis 2.0/2.5NTRP

Class description: Introductory class for players with little or no tennis experience. Emphasis is on proper technique, basic strategy, getting to serve and return serves for immediate game enjoyment. Different sets of shots will be presented each week with review as well. By the end of the session student will be able to play singles and doubles games in a social context.

| Code | Day      | Dates    | Time         | Cost  |
|------|----------|----------|--------------|-------|
| 781  | Tuesdays | 1/9-2/6  | 10:30am-12pm | \$130 |
| 782  | Tuesdays | 3/6-5/29 | 10:30am-12pm | \$305 |

### Level#2: Intermediate 3.0NTRP

Class description: Early Intermediate class for players with some basic tennis experience or who have not played in a long time. Emphasis is on proper technique, basic strategy, getting to serve and return serves for immediate game enjoyment. Different sets of shots will be presented each week with review as well. By the end of the session student will be able to play singles and doubles games in a social context.

| Code | Day     | Dates   | Time         | Cost  |
|------|---------|---------|--------------|-------|
| 783  | Mondays | 1/8-2/5 | 10:30am-12pm | \$105 |
| 784  | Mondays | 3/5-6/4 | 10:30am-12pm | \$305 |

### Level #3: Intermediate 3.0+/3.5NTRP

Class description: For the player with some match experience working on consistency, consolidating fundamentals and strategy. A different topic will be covered each week, including technique adjustments, shot selection and effective patterns for social or early competitive context. Last half-hour is singles and/or doubles match play.

| Code | Day     | Dates   | Time      | Cost  |
|------|---------|---------|-----------|-------|
| 785  | Mondays | 1/8-2/5 | 9-10:30am | \$105 |
| 786  | Mondays | 3/5-6/4 | 9-10:30am | \$305 |

### Level #4: Intermediate 3.0+/3.5NTRP

Class description: For the player with match experience seeking help with consistency, more effective patterns and strategy. A different topic will be covered each week, such as singles and doubles technique adjustments, shot selection and positioning for social, early or more advanced competitive context. Last half-hour is match play.

| Code | Day        | Dates    | Time       | Cost  |
|------|------------|----------|------------|-------|
| 787  | Wednesdays | 1/10-2/7 | 10:30-12pm | \$130 |
| 788  | Wednesdays | 3/7-5/30 | 10:30-12pm | \$305 |

### Level #5: Intermediate 3.5+/4.0NTRP

Class description: For the player with match experience seeking help with consistency, more effective patterns and strategy. A different topic will be covered each week, such as singles and doubles technique adjustments, shot selection and positioning for social, early or more advanced competitive context. Last half-hour is match play.

| Code | Day        | Dates    | Time         | Cost  |
|------|------------|----------|--------------|-------|
| 789  | Wednesdays | 1/10-2/7 | 9:00-10:30am | \$130 |
| 790  | Wednesdays | 3/7-5/30 | 9:00-10:30am | \$305 |

### Level #6: Advanced 4.0+/4.5NTRP

Class description: Designed for the regular competitive player looking for technical pointers, more advanced drills and practice games in a social yet competitive environment. Students will be challenged with different patterns each week, specialty shots, taught creativity and encouraged to fine tune their style according to skills.

| Code | Day        | Dates    | Time        | Cost  |
|------|------------|----------|-------------|-------|
| 791  | Wednesdays | 3/14-6/6 | 5:00-6:30pm | \$305 |

**For Fitness' Sake- Low-Impact Aerobics**

Fitness is a gift that only you can give yourself. Make scheduling time for fitness a priority. Study after study concludes that regular, moderate exercise is beneficial for optimal health. This proven program has been offered in Marin since 1985. In our non-competitive, supportive atmosphere, we welcome you at your current fitness level, whatever that is. This is a professional, complete program from warm-up, aerobic and toning, through stretch and relaxation. For questions or to register, call Cindy Leroux at (415) 454-6801. Register for these classes directly with the instructor. \$6 drop-in.

*Class Location: Hall Middle School PE Portable*

| Days        | Dates   | Time          | Cost            |
|-------------|---------|---------------|-----------------|
| Mon,Wed,Fri | Ongoing | 5:30pm-6:35pm | \$40/8 classes  |
| Mon,Wed,Fri | Ongoing | 5:30pm-6:35pm | \$50/12 classes |
| Mon,Wed,Fri | Ongoing | 5:30pm-6:35pm | \$60/month      |

**The NEW Larkspur Larks**

The Larkspur Larks is open to community members who are 55 and older. This is a great opportunity to bring your own lunch and eat with new and old friends and enjoy the resources of our community and Bay Area. Special programs are periodically planned. We meet on the 3rd Tuesday of each month from 11:30am-1:00pm at Larkspur Recreation in the Community Room. For more information or to be included on our mailing list for the Larks Newsletter call the Larkspur Recreation Department at (415) 927-6746.

**Larkspur Community Garden**

The Larkspur Community Garden has been in Piper Park since 1982. We work together growing organically and learning to learn about mulching, watering, other gardeners' techniques, sharing harvests, and building community in an ongoing year-round opportunity. We participate in community garden projects, which keep our garden looking nice. We share good old garden know-how and receive recreation and therapeutic hands-in-the-soil benefits. To sign up for the waiting list call (415) 927-6746.



**Larkspur Walkers**

The Larkspur Walkers would like to invite you to join them on one of their morning walks. Walks start and finish at Piper Park. You have probably seen us walking along the bike paths, trails, and climbing the easement staircases around Larkspur.

On the first Wednesday of each month we carpool from Piper Park to take a walk at a location within the county or in San Francisco. Walks are held every Monday, Wednesday, Friday and Saturday from 9:00am-10:00am. Come and walk with us, and decide if this is a fitness program that meets your needs. \$20 yearly membership is good until June 2018.

Location: Meet at Piper Park

**History of the Larkspur Walker Walking Group**

In 1987, Larkspur Recreation Director Nancy Spivey realized that there was a need for active programming for Larkspur's seniors. She decided that a walking program would be an opportunity for participants of all abilities to join in and she founded the "Larkspur Walkers". Nancy began by leading several walks each week. The walks ambled all over Larkspur, including parks and staircases around town and back to Piper Park, all in an hour.

Since then, the membership has grown to more than 130 members who have the opportunity to participate up to four days each week. Walkers add to their fitness level and make friends, all while taking in the sights and sounds of Larkspur. The Larkspur Walkers are now supported by a group of dedicated volunteers who keep the experience special and fun.

**Program for Adults with Special Needs**

Larkspur Recreation offers a variety of programs at Larkspur Recreation in conjunction with Rec. Inc. for Adults with developmental disabilities. Programs vary from art classes, healthy eating, 3rd Friday dances, wiffleball, movie nights, basketball, world beat, and Lions Club. We always welcome new participants, for more information about one of the programs visit the website at [www.recinc.org](http://www.recinc.org). Questions? Email [info@recinc.org](mailto:info@recinc.org) or call (415) 453-4847.

**Larkspur Champions Lions Club**

Members of this special chapter of the international charitable organization: perform community service, act as officers, plan special events, and visit other Lions Clubs.

Dates: Check Rec Inc. website for session dates  
 Class Day: 2nd & 4th Thursday of the Month  
 Time: 6:00-7:30pm

**World Beat Circle**

Music & dance everything happens here! It's a circle of personal sharing, stretching, African influenced dancing, and sometimes drumming.

Dates: Check Rec Inc. website for session dates  
 Class Day: Tuesday  
 Time: 6:10-7:10pm

**Be Healthy**

Almost all our members have lost weight and are keeping it off! Dixie James with her weekly charismatic, inspirational talks, workout challenges, and healthy food discussions. Lose weight with the support of friends. Learn about nutrition and getting fit.

Dates: Check Rec Inc. website for session dates  
 Class Day: Tuesday  
 Time: 4:30-6:00pm

**Wiffleball with the Wildcats!**

REC Inc has produced another undefeated sports team! Come play with Coach Karen Carlson while we slaughter teams from all over the community. Our players have made up an entirely new list of wacky rules so anyone can play this highly adaptable game. Ever play with no "outs", a zillion pitches, or 3 runners on one base?

Dates: Check Rec Inc. website for session dates  
 Class Day: Tuesday  
 Time: 6:15-7:30pm

**Third Friday Dance**

This is an excellent opportunity to meet some new folks, catch up with friends, and have a great time. With the wild music of Ebony Slam by Feeve you'll want to dance! A different theme every month!

Dates: Check Rec Inc. website for session dates  
 Class Day: 3rd Friday of Every Month  
 Time: 7:00-9:30pm

**Basketball for Winners**

Be a member of the Seals. Everyone plays - we adapt the game to our players' abilities. The Seals play community members, families, police & fire departments, community service groups, and celebrities like comedian Michael Pritchard.

Dates: Check Rec Inc. website for session dates  
 Class Day: Monday  
 Time: 6:35-8:00pm



## Mini Parks in Larkspur

### Bon Air Landing Park

South Eliseo Drive (next to 557 S. Eliseo)  
Fishing dock, sitting and picnic area greenbelt

### Centennial Park

Magnolia at Alexander Avenue  
Picnic tables, tennis courts, benches, drinking fountain, greenbelt, baseball fields.

### Doherty Park

Between Lucky's parking lot and Magnolia Avenue  
Benches, historical marker, greenbelt

### Dolliver Park

Magnolia Avenue at Madrone Avenue  
Play equipment, restroom, picnic area

### Greenbrae School Park

Eliseo to Parkside Way  
Tot lot, basketball court, greenbelt

### Hamilton Park

South Eliseo Drive (next to 1251 S. Eliseo)  
Sitting and picnic area, greenbelt

### Heatherwood Park

Midway at Diane Lane  
Play equipment, basketball hoop, picnic area, greenbelt

### Neighborhood Park

North side of Larkspur Landing Shopping Center  
Greenbelt, picnic area.

### Niven Park

Barry Way at Drakes Landing  
Benches, picnic tables, play equipment, greenbelt

### Remillard Park

East Sir Francis Drake Blvd.  
Freshwater marsh, wildlife sanctuary, bay fishing from levee.



## Piper Park

Located At 250 Doherty Drive (behind police station)  
Facilities are available to rent.

**Picnic Tables:** 30 tables and 14 BBQ grills

**Softball Fields:** 2 fields (price per field)

**Sand Volleyball Courts:** 2 courts (price per court)

**Soccer Field:** 1 grass field

**Synthetic Soccer Field:** 1 field

### Canine Commons Dog Park

Larkspur Canine Commons, located in Piper Park, is the regular playground for local dogs and their owners. This special area allows dogs and dog owners to have an opportunity to enjoy the company and interests of other people and their pets. To utilize the Canine Commons, dogs must display a current license, never be left unattended, and females must not be "in heat." It is also recommended dogs are spayed or neutered. Please remember to abide by the City's leash law and pick up after your pet. The Canine Commons is on the move! Check the website for additional information.



**Heritage Trees**

Part of the culture of living in Larkspur is the respect and loving care we give our community's historical heritage trees. For this reason, Larkspur has long had a Heritage Tree Ordinance. Permits are required to remove or significantly prune a Heritage tree. View the Municipal Code (section 12.16) on our website at [www.cityoflarkspur.org](http://www.cityoflarkspur.org) for more information about Heritage Trees.



**Tree & Bench Donations**

The City's Parks Donation & Memorial Program is a wonderful way for you to honor or commemorate a special person or event while adding beauty to a favorite park or trail. Please contact the Public Works Department at 415-927-5017 or [publicworks@cityoflarkspur.org](mailto:publicworks@cityoflarkspur.org) on how you can donate a bench or tree today!



**City Meetings**

Unless noted all meetings will be held at City Hall in the Council Chambers 400 Magnolia Ave.  
**City Council:** 1st & 3rd Wednesday 6:30pm  
**Library Board:** 2nd Monday 6:15pm  
**Planning Commission:** 2nd Tuesday 7:00pm  
**Heritage Preservation Board:** 2nd Thursday 7:00pm  
**Parks & Recreation Commission:** 3rd Thursday 6:30pm

**Office Hours**

Monday-Thursday 9:00am-12:00pm & 1:00pm-5:00pm  
 Closed Friday, Saturday & Sunday  
[www.cityoflarkspur.org](http://www.cityoflarkspur.org)

**City Council**

Kevin Haroff, Mayor  
 Dan Hillmer, Vice Mayor  
 Catherine Way  
 Larry Chu,  
 Ann Morrison

**Contact Information**

City Hall Administration (415) 927-5110  
 Fax: (415) 927-5022  
 Public Works (415) 927-5017



**ZERO WASTE MARIN HOLIDAY SUSTAINABILITY GUIDE**

Follow these tips from Zero Waste Marin and our partners to reduce food waste in Marin County during the holidays!

- Practice Smart Shopping
- Make a List • Shop Local
- Buy Only What You Need
- Prep Now, Enjoy Late
- Repurpose Holiday Leftovers
- Don't Let Good Food Go to Waste
- Store Food Correctly
- Compost the Rest



Zero Waste Marin works with cities and towns throughout Marin County to educate residents about reducing the amount of waste that goes into our local landfills. Check out the latest updates at [ZeroWasteMarin.org](http://ZeroWasteMarin.org) for more tips to reduce waste this holiday season.



EST. 1981

# TWIN CITIES PRE-K



*"A structured program full  
of love and wonder"*

LAUGH

PLAY

LEARN

*For children ages  
3 1/2 to 5 years old*

[www.twincitieschildrenscenter.com](http://www.twincitieschildrenscenter.com)  
[tcccprek@gmail.com](mailto:tcccprek@gmail.com) | 415-924-6622

Director— Tricia Franz

Corte Madera Parks & Recreation  
498 Tamalpais Drive  
Corte Madera, Ca. 94925

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# **SPRING EGG HUNT at Piper Park**

**Saturday, March 31 • 10:00am**

Grab your basket and join us for the Spring Egg Hunt at beautiful Piper Park in Larkspur! Children will be divided into age-specific areas to search for eggs. Keep an eye out for the Golden Eggs which are filled with special prizes! We'll also have a small petting zoo and the Bunny to take photos with! Free to the community.

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# **FLASHLIGHT EGG HUNT at Piper Park**

**Friday, March 30 • 8:30pm**

Grab your flashlight and basket and join us at Piper Park for our second annual Flashlight Egg Hunt! Eggs stuffed with goodies will be spread across a section of the Park. When the whistle blows, the search begins! The hunt begins at 8:30pm – don't be late!

