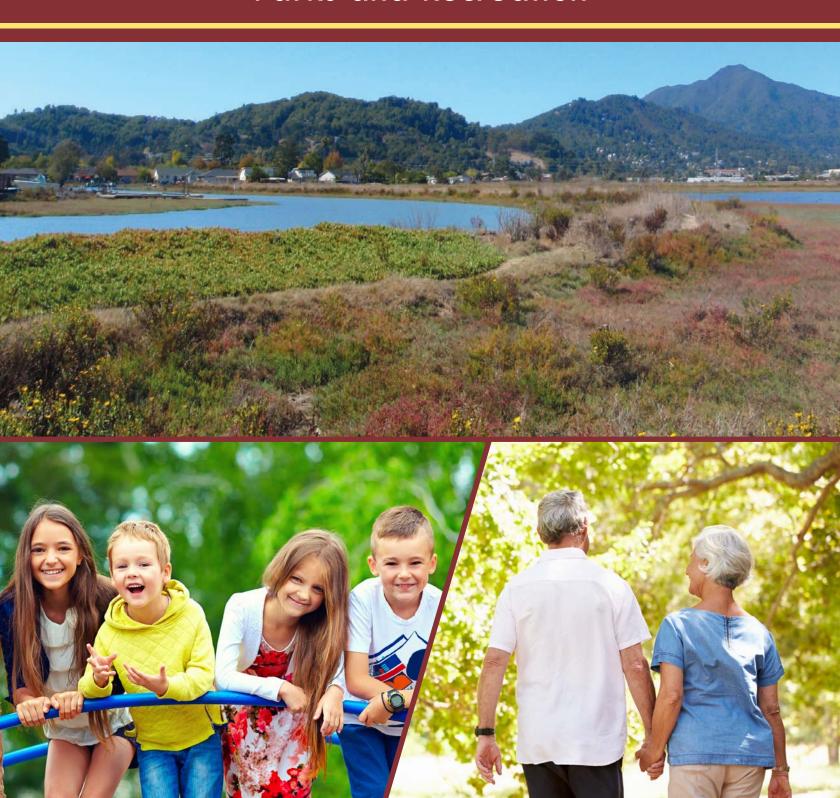
## LARKSPUR & CORTE MADERA

Parks and Recreation





### RECREATION

### **Contact Information**

Phone: (415) 927-6746 Fax: (415) 927-6758 Rain Out Field Line: (415) 927-5035 Ik\_recreation@cityoflarkspur.org www.cityoflarkspur.org/recreation

#### Hours

Monday-Thursday 9:00am-12:00pm and 1:00pm-5:00pm Closed Friday (appointments available) Closed Saturday and Sunday

#### **Address**

Larkspur Recreation Department 240 Doherty Drive, Larkspur CA (across from the Central Marin Police Authority, next to Hall Middle School Gym)

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### **Message from the Director:**

My name is Dick Whitley and I am your City of Larkspur Recreation Director. I am very pleased to be working with our employees Nick, Toni, Aaron, Erin and Beth in providing you our outstanding recreational activities.

Have you been out to the Piper Park
Playground recently? You won't recognize it!
We have a new playground under construction
which will finish up around the new year. I
hope that it will provide opportunities for fun
and imagination for years to come.

Our Twin Cities Children's Center continues to offer amazing experiences for children in grades TK – 5th. The employees there combine lots of experience with an innate sense of fun and produce one of the best ventures available. The website is www. twincitieschildrenscenter.com.

We are working very closely with our Public Works Department to get new amenities for our local parks and gathering places. Keep a sharp eye open! Changes are happening all around you...

Many of our programs operate with an exceptional amount of volunteer labor. We have a walking group called "The Larkspur

Walkers". This is a group of folks who enjoy walking each week around Larkspur and will also take far-flung walking trips in the local area, including San Francisco.



Managing all of these various walks and administration is volunteer Jane Gibson. Jane is assisted by a group of other dedicated volunteers, all of whom make this an exceptionally successful program. Thank you, Jane and our Walker Volunteers for making this program so very exceptional!

If you'd like to get a "then-and-now" look at Larkspur, look no further than Page #11. We have some amazing Historic Walks led by some amazing volunteers. Our thanks go out to Susan and Dick Cunningham for offering these walks through and around our City of Larkspur.

Very best regards,

Dick Whitley, Director Larkspur Recreation Department



#### Mission

The City of Larkspur is committed to providing the best possible service to the community, preserving the City's unique historic character, and maintaining its total environmental balance.

### Parks & Recreation Commission

Sandy Blauvelt, Chair Richard Cimino, Vice Chair Jeanne Friedel Michael Koeppel Lisbet Sunshine

### Park & Recreation Department Staff

Dick Whitley, Director Nick Stone, Supervisor Toni DeFrancis Adminstrative Assistant

### **Online Registration**

Larkspur Recreation has a convenient registration system that allows online registration. Program participants can create their own personal registration account and expedite the registration process right from home. If you have not already registered and created your own account, click on "create account" and follow the prompts. Make sure you add your children to your household by clicking on "add members". Once you have your account you can register, look up past registrations and current registrations. Visit our website to create your account at www.cityoflarkspur.org/recreation

### **Program Registrations**

Pre-Registration is required for all programs unless otherwise listed. Drop in classes require payment to the instructor before the start of class. Larkspur Recreation cannot hold space in any class or activity unless you have registered and paid. PLEASE REGISTER EARLY- All programs have a minimum registration number and if we don't reach that pre-registration number we have to cancel the class. Some programs may already be full. Please check our website or call our office for program availability.

### **How to Register**

Online at www.cityoflarkspur.org/recreation

In Person at the Larkspur Recreation Department located at 240 Doherty Drive Larkspur, CA 94939. Office hours are from 9:00am-12:00pm and 1:00pm-5:00pm Monday- Thursday, closed Friday Saturday and Sunday to the public.

By Fax (415) 927-6758

**By Mail** Mail your registration form to 240 Doherty Drive, Larkspur, CA 94939.

**Drop Box** For your convenience, there is a secure drop box to the left of our front door for after hours use.

**By Phone** (415) 927-6746 A current liability waiver must be on file at the recreation department to register by phone. Please have the class code number and your credit card ready before calling.

### **Method of Payment**

Larkspur Recreation accepts Visa, MasterCard, cash and checks. There is a \$20 charge for returned checks.

### **Program Cancellations/Modifications**

Larkspur Recreation reserves the right to cancel or modify a program due to low registrations or other unforeseen circumstances. Registrants will be notified by email if changes occur to their programs.

#### Refunds

A request for a refund due to withdrawal from a program must be made to the recreation office a week prior to the start of the first class. Refunds are subject to a \$10.00 service charge. If a program is cancelled by Larkspur Recreation, a full refund will be issued. Some programs such as Super Cool Summer School have separate refund policies.

### **Program Instructors**

We're always on the lookout for instructors to teach classes on new and exciting subjects. If you have a speciality you would like to share, we want to work with you to develop new programs. Contact Nick Stone at (415) 927-6746 for more information.

#### **Americans with Disabilities Act**

Larkspur Recreation welcomes all individuals and families from our community to participate and enjoy our programs and facilities. If you or your child require special assistance call (415) 927-6746.



### Nothing Kills A Program Quicker...

than everyone waiting until the last minute to register for it. If you would like to participate in one of our classes please REGISTER WELL IN ADVANCE of the start date. At some point, we must determine if enrollment is sufficient to hold the activity. By registering early you are assisting us in providing the best service possible.

#### **Bacich Classes**

Bacich Elementary has given Larkspur Recreation the opportunity to provide after school enrichment classes for their students. These classes are not part of Bacich school. We ask if you have any questions about classes, instructors or registration that you not ask the office staff. Please contact Larkspur Recreation. Once you are registered in a class we will send you an email before the start of the class with the room number. Please make sure you remind your child to go to the correct classroom after school. www.cityoflarkspur.org/recreation (415) 927-6746.

Registration opens online Monday, December 5th

### **Checkmate Chess at Bacich**

Develop your critical thinking and problem-solving skills while having fun! Learn how to move the various pieces and basic and intermediate strategy of this fascinating game. The class period generally consists of instruction and supervised play. Competitive matches and tournaments will take place near session's end. For Bacich Elementary students only.

Class Location: Bacich Elementary

Code	Day	Dates	Time	Cost	Grade
413	Monday	1/23-4/24	2:20 PM-3:20 PM	\$209	1-2
414	Monday	1/23-4/24	2:55 PM-3:55 PM	\$209	3-4

#### **Sew Much Fun**

Sewing Sally is back from Indonesia and can't wait to see her older sewers and meet new ones. She has a variety of projects- felt shapes, embroidery, Valentines, shamrocks and spring specials, felt food complete with shopping bag. New items include animal habitats- A bear in the forest- Duck, frog and snake in the marsh-An alligator in the Everglades- Tropical fish on the reef and A coyote in the desert. Come and perfect your stitches. It's always "sew much fun" to make your very unique and creative project. Sally Palmer has taught at Bacich for many years. She is patient, a great story teller and her teaching methods work like a charm. Please wash your hands before class. Avid sewers please. Class Location: Bacich Elementary

Code	Day	Dates	Time	Cost	Grade
415	Thursday	1/19-3/16	1:10 PM-2:10 PM	\$181	K
416	Thursday	1/19-3/16	2:20 PM-3:20 PM	\$181	1-2
417	Thursday	1/19-3/16	3:00 PM-4:00 PM	\$181	3-4
425	Thursday	3/23-5/18	1:10 PM-2:10 PM	\$181	K
426	Thursday	3/23-5/18	2:20 PM-3:20 PM	\$181	1-2
427	Thursday	3/23-5/18	3:00 PM-4:00 PM	\$181	3-4



### Jewelry with Nikki

Jewelry with Nikki Contini: Get your bling on! In this creative and fun class, students will use traditional and non- traditional materials and methods to create their own jewelry! The class will be making some of their own beads from fused glass and upcycled treasures and will also have lots of beautiful new and vintage beads to choose from to create their own one of-a-kind jewelry masterpieces; Necklaces, bracelets, earrings, pins, and more...Students will develop awe-some jewelry making skills and come away with lots of wearable art to wear and share with their family and friends. ALL materials are included in this class and healthy snacks are provided.

Nikki Contini is a local glass, eco-artist and educator. She teaches glass fusing, jewelry and eco-art to children in after school enrichment programs throughout the school year. Her art parties and workshops are also very popular for both children and adults. Check out her blog at fusedglassoriginals. blogspot.com Nikki brings her enthusiasm for crafts of all kinds to her classes and is committed to helping her students joyfully explore their creativity. Her art work is colorful and whimsical and has been exhibited in many shows over the last 15 years.

Class Location: Bacich Elementary

Code	Day	Dates	Time	Cost	Grade
422	Monday	1/23-3/13	2:55 PM-4:15 PM	\$229	3-4



### Glass Fusing with Nikki

In this unique class, the ancient art of kiln formed glass will be explored. Students will learn how to safely cut and layer glass into creative and functionally forms which will then be kiln fired. Students come away from the class with lots of beautiful glass work and will be amazed at what they can make with glass. New projects/techniques will be introduced each week and students will develop a firm understanding of the craft of fusing. This is a great opportunity to make one-of-akind hand-made gifts for the holidays! Class fee covers all glass, firings and materials. \*(optional \$7 materials fee for clocks or nightlights) Healthy snacks provided. Class Location: Bacich Elementary

Code	Day	Dates	Time	Cost	<u>Grade</u>
423	Monday	3/27-5/15	2:55 PM-4:15 PM	\$278	3-4

### Drawing, Painting, Sculpting at Bacich

Students will explore art basics in several media, including watercolor, pencil, charcoal, and clay. Learn to draw landscapes, portraiture, still life, and bring imagined subjects to life. All levels of skill and experience welcome. Class for Bacich Elementary students only.

Class Location: Bacich Elementary

<u>Code</u>	Day	Dates	Time	Cost	<u>Grade</u>
411	Tuesday	1/17-4/4	2:25 PM-3:25 PM	\$200	1-2
412	Wednesday	1/18-4/5	12:30 PM-2:00 PM	<b>\$240</b>	3-4

### **Amazing Science at Bacich**

NEW Topics, New Lessons! Join us for a wide variety of kid-pleasing science topics, demonstrations, experiments, and hands-on activities, including chemistry, physics, geology, biology, paleontology, and many others! Fly into the world of Bats and Honey Bees. Learn what to do in Survival Scenarios. Reflect on the magic of Mirrors. Get in-depth with Buoyancy. Watch out for Carnivorous Plants. Cover the bases (and acids) in Wild Chemistry Lab. Study fingerprints and forgeries with Detective Science 1. (Lessons subject to change). All experiments are kid safe and fully supervised. All materials are included. Curriculum is age appropriate: older students lessons are more advanced and complex. Amazing Science is a program of Watershed Preservation Network, a California non-profit environmental education organization. Please visit our website for more information on classes: www.amazingsci.org Class Location: Bacich Elementary

Code	Day	Dates	Time	Cost	Grade
418	Wednesday	1/18-3/15	12:15 PM-1:30 PM	\$205	1-2
419	Wednesday	3/22-5/17	12:15 PM-1:30 PM	\$205	1-2

Classes fill quickly. Register Early.

### **Rafia Coding Club**

Rafiakids coding and maker classes are expanding to include a NEW MAKER CLASS for grades 3-4 at Bacich. Join us on Tuesday afternoons to tinker with electric circuits, animation and more. Sample project each week using the latest young inventors tools including littleBits, lectrify engineering kits, makey makey with Scratch and stop motion.

Class Location: Bacich Elementary

Code	Day	Dates	Time	Cost	Grade
420	Tuesday	1/17-3/14	2:55 PM-4:00 PM	\$225	3-4
421	Tuesday	3/21-5/16	2:55 PM-4:00 PM	\$225	3-4



### Songbirds (ages 0-5)

Songbirds is an interactive musical performance including sing-along, play-along, and dance-along participation. Nicole Forester, a Board-Certified Music Therapist, has been playing music all her life and providing music and therapeutic services for the last 10 years. Come find your voice, your rhythm, and your enthusiasm for the joy of experiencing music. Children ages 6 months to 5 years are welcome with caregivers, parents, grandparents and siblings. Drop ins for this class can be paid on arrival to class for \$15. A Class punch card is also available for \$80 for 6 classes. There is no online registration for this class.

Location: Larkspur Recreation

Day	Dates	Time	Cost	Ages	
Mon	12/5-2/27	9:30-10:00am	\$15 drop in	6mo-5 years	_

### Super Cool Summer School 2017!

SCSS is back for another summer! This year we will be holding SCSS at Hall Middle School from June 19th-July 14th. Our brochure will be out towards the end of February with info on all of the fun and exciting classes being offered!



### Junior Tennis 11-14 year old (Beginners/Semi-Beginners)

This class offers girls and boys age 11 to 14 the opportunity to learn sound fundamentals of the game, including groundstrokes, serves, returns, net play techniques, basic strategy and rules of tennis with the goal of preparing them to eventually join the Junior Tennis Team.

Code	Day	Dates	Time	Cost	
1167	Monday	3/6-6/5	4:00-5:00 PM	\$269	

### USTA Junior Tennis Team Practice (12-14 year old)

USTA Junior Tennis Team offers girls and boys age 12 to 14 the opportunity to play on teams in local leagues that emphasize fun, fitness and friends. Teams have the opportunity to advance to Area, Section, State and National Championships!

Code	Day	Dates	Time	Cost	
1168	Tues. & Fri	3/7-6/2	4:00-5:30 PM	\$425	

### Tennis- Quickstart#1 (5-6 year old)

Children will enjoy the experience of hitting balls back and forth in a safe environment. Emphasis is on passing, rolling, tossing or throwing the ball. Students will learn how to rally a ball over low net using a red foam or red low compression felt ball that moves slower, bounces lower and travels less distance for immediate enjoyment of real tennis.

Code	Day	Dates	Time	Cost	
1169	Wednesday	1/11-2/15	1:45-2:15 PM	\$95	
1170	Wednesday	3/8-4/19	1:45-2:15 PM	<b>\$95</b>	
1171	Wednesday	4/26-5/31	1:45-2:15 PM	<b>\$95</b>	

### Tennis- Quickstart#2 (7-8 year old)

Emphasis for this age group is on rally skills using both forehand and backhand ground strokes. Students will be taught other skills needed to play a complete game of tennis including serves and returns of serve as well as learn simple tactics and introduction to rules of tennis. Red low compression felt ball will be used for adjusted striking zone adapted to their height in order to hit over the net with consistency.

Code	Day	Dates	Time	Cost	
1172	Wednesday	1/11-2/15	2:15-3:15 PM	\$137	
1173	Wednesday	3/8-5/31	2:15-3:15 PM	\$269	

### Tennis- Quickstart#3 (9-10 year old)

Students will learn the basics of a rally by using forehand and backhand ground strokes. Overhand serve will be introduced and the return of serve is emphasized as well as volley, approach shot and overhead skill. Understanding singles and doubles play, develop the tactics for different playing situations, shot selection and court positioning will be covered as well. Orange low compression felt ball that moves a little faster and travels farther but still has a lower bounce than the yellow ball will be used for adapted development of the students' tennis skills.

Code	Day	Dates	Time	Cost	
1174	Wednesday	1/11-2/15	3:15-4:15 PM	\$137	
1175	Wednesday	3/8-5/31	3:15-4:15 PM	\$269	

### USTA Junior Tennis Team Practice (U12 green ball)

Class description: USTA Junior Tennis Team offers girls and boys age 11 to 12 the opportunity to play on teams in local leagues that emphasize fun, fitness and friends. Teams have the opportunity to advance to Area, Section, State and National Championships!

Code	Day	Dates	Time	Cost	
1176	Wednesday	3/8-5/31	4:15-5:15 PM	\$269	





### Katia & Company Presents: Grease!

Grease is the word with this classic rock n' roll hit! Join the cool students of Rydell as they struggle fitting in, budding romance and being a teenager in the fifties. All actors registered will receive a role in the production. Rehearsals will take place on Wednesdays or Thursdays, 3:30-5:30pm. If you have a day preference, you may indicate that on your audition form. Auditions, Wednesday, March 15th, 3:30-6:00pm at Hall Middle School. For audition info and complete schedule go to: www.katiaandcompany.com. Performances: June 1-3rd at Hall Middle School. Expect additional rehearsal days the week of the show. Class Location: Hall Middle School

Code Day **Dates** Time <u>Grade</u> Cost 3:30 PM - 5:30 PM 453 Wednesday 3/15-5/31 \$270 7-10 3/16-5/25 3:30 PM - 5:30 PM Thursday \$270 7-10

### Katia & Company Presents: Disney's The Lion King

Katia McHaney guides actors through a wild adventure of music, acting and dance. Actors will audition for and receive a role, learn choreography and music and work on building characters and stage presence as they prepare for performances, the week of May 25-28th presented at the Marin Center. Rehearsals take place on either Wednesday or Friday afternoons, depending on your role and cast. You may indicate your day preference on your audition form. Auditions Wednesday, March 8th, 2-4:30p.m. For audition info and materials go to: www.katiaandcompany.com Class Location: Hall Middle School

Code	Day	Dates	Time	Cost	Grade
451	Wednesday	3/8-5/24	2:00 PM - 4:30 PM	\$275	5-8
451	Friday	3/10-5/26	3:30 PM - 5:30 PM	\$275	5-8

### **Katia & Company Presents: Disney's The Lion King: Cubs**

Young actors will have the chance to learn fun songs, energetic choreography and have the opportunity to perform alongside older actors in Katia and Company's main stage production of the Lion King. Woven into rehearsal for the show, the group will play theater games to improve stage presence and confidence in a fun and creative atmosphere. All registered participants will get to be in the show and will be cast at their first rehearsal. Performances: May 25-28th at the Marin Center. Expect additional mandatory rehearsals the week of the show. For complete schedule go to: www.katiaandcompany.com

Class Location: Hall Middle School

<u>Code</u>	Day	<u>Dates</u>	Time	Cost	Grade
452	Friday	3/31-5/19	3:30 PM - 5:00 PM	\$195	1-4



### Come see a LIVE performance!

### Katia and Company presents: Willy Wonka

January 18-21st at 6:30pm and 21st and 22nd at 2pm at the Playhouse in San Anslemo Tickets \$13 in advance or \$15 at the door www.katiaandcompany.com



### Yoga

Yoga is a practice designed to increase flexibility, range of motion, and help improve overall balance and alignment. Meditation will help to "de-charge" stress, anxiety, and negative energy, while "charging" positive energy. In a nutshell? We'll have fun, we'll work hard but we'll laugh a lot, too! With 14 years as a practicing Yogini, and having studied and lived in India for 10, I am honored to share what I know, and to provide positive, lifelong tools to help you feel better in your body and help you navigate personal challenges through meditation. Looking forward to working with you soon. Class Location: Recreation Department

Code	Day	Dates	Time	Cost	Grade
401	Monday	1/23-3/20	3:30 PM-4:30 PM	\$112	6-8
402	Monday	3/27-5/22	3:30 PM-4:30 PM	\$112	6-8

### **Mountain Biking**

In this program, we will concentrate on building our bicycle handling skills, building up our fitness, and appreciation for our local natural ecosystems, while we prepare for high school team level riding. We will also learn the basics of bicycle maintenance and trailside repair. We will ride on surrounding land that is managed by the MMWD and the Marin County Open Space District. Instructor: Emile Mulholland • Grades: 6-8

Code	Day	<b>Dates</b>	Time	Cost	Location
390	Sunday	12/11	10:00am-2:00pm	\$40	Tamarancho
391	Wednesday	3/1	2:00 PM - 5:00 PM	\$40	Loma Alta
392	Sunday	1/15	10:00 AM - 2:00 PM	\$40	China Camp
393	Sunday	1/29	10:00 AM - 1:00 PM	\$40	San Geronimo

### Fine Art and Beyond!

Students will explore fine art in several media, including watercolor, drawing, acrylics, oil painting, and sculpture. Subjects will include still lifes, landscape, and portraiture. A brief lesson integrating examples from the history of art will be followed by individual help. Students may continue the lesson or receive guided instruction for their own projects. Instruction is designed to benefit all levels of skill and experience. Includes materials.Class Location: Kent Middle School

Code	Day	Dates	Time	Cost	Grade
403	Thursday	1/19-4/6	3:30 PM - 5:00 PM	\$240	5-8



#### **TaeKwonDo**

Want to increase your fitness, focus and confidence, all while having fun? Come learn the Korean martial art of Taekwando, from a 4th degree black belt and tournament champion.

Class Location: Larkspur Recreation Department

Code	Day	Dates	Time	Cost	<u>Grade</u>
405	Monday	1/9-3/13	5:30 PM-6:20 PM	\$200	5-8
405	Wednesday	1/11-3/15			
406	Monday	1/9-3/13	6:30 PM-7:20 PM	\$200	9-12
406	Wednesday	1/11-3/15			
407	Monday	3/20-5/15	5:30 PM-6:20 PM	\$200	5-8
407	Wednesday	3/22-5/17			
408	Monday	3/20-5/15	6:30 PM-7:20 PM	\$200	9-12
408	Wednesday	3/22-5/17			

### **Babysitting Class**

Saturday

Learn how to be a role model for children! Discover how to be a great babysitter! You will learn how to create safe play and how to respond to emergencies in this course. Games, activities, basic care giving, age appropriate play and accident prevention will be covered. We will also touch on First Aid which will make you a marketable babysitter! Please bring pen/pencil to class. Course fee includes babysitter handbook and certificate. Location: Larkspur Recreation

Code Day Dates Time Cost Grade

10:00 AM-2:00 PM

\$95

5-8

3/18



### Drawing into the 3rd Dimension and Beyond!

Students will learn techniques, approaches of 3D drawing which is the necessary skill of all design. They will learn how to see into the 3rd dimension which is an actual brain shift that is necessary for the new STEAM movement happening today! 3D drawing skills empower designers to realize their creativity whether it be character, product, or environmental design. Power of the pencil is the key to exciting careers in media design (game, film, educational apps, VR). Drawing is also used in just plain communication - 'a drawing is worth a thousand words. Basic drawing materials will be included and student will asked to bring in their favorite toy, stuffie, or object to draw from and left with the instructor through out the course. Location: Larkspur Recreation

Code	Day	Dates	Time	Cost	<u>Grade</u>
409	Thursday	1/19-3/16	3:30 PM - 4:30 PM	\$215	6-8



### **Swimming - Tidalwaves**

The Tidalwaves Swim Team is dedicated to providing access to the sport of swimming and a high quality competitive experience



for members of our community to develop self-esteem, swimming skills, sportsmanship, and a strong sense of team spirit and achievement. We are open to swimmers of ALL ABILITIES ages 5-18 and are part of the Marin Swim League (a league of 10 community teams within Marin County). The Spring/Summer program is run primarily at Redwood High School from late February through mid July, (an 8 & Under practice group is run at College of Marin, Kentfield as well). All practices are run by professional coaches. Parent volunteer commitment is required to run team events and meets. Its fun for the whole family! There's no better way for kids to become strong, competent swimmers and build lifelong friendships in the process. More details for our 2017 Spring season, as well as our Fall and Winter swim programs are available online at www.gowaves.com Head Coach Marie McSweeney is also available to answer questions about your child's readiness for the team at mariemcswim@yahoo.com or 415-453-9563.





### **Tennis Classes**

### **Tennis Level 1 Beginners Tennis** (2.0/2.5 NTRP Level)

Introductory class for players with little or no tennis experience. Emphasis is on proper technique, basic strategy, getting to serve and return serves for immediate game enjoyment. Different sets of shots will be presented each week with review as well. By the end of the session student will be able to play singles and doubles games in a social context. Coach: Dan or Leo

Code	Day	Dates	Time	Cost	
1181	Tuesdays	1/10-2/7	10:30 AM-12:00 PM	\$130	
1182	Tuesdays	3/7-5/30	10:30 AM-12:00 PM	\$305	

### Tennis Level 2 Intermediate (3.0 NTRP Level)

For players with moderate tennis experience, early stage competition or who have not played in a long time and wish to get back into the game. Emphasis is on proper technique, basic strategy, getting to serve and return serves for immediate game enjoyment. Different sets of shots will be presented each week with review as well. By the end of the session student will be able to play singles and doubles games in a social context and early competitive level.

Coach: Dan Hiddleson

Code	Day	Dates	Time	Cost	
1179	Mondays	1/9-2/6	10:30 AM-12:00 PM	\$105	
1180	Mondays	3/6-6/5	10:30 AM-12:00 PM	\$305	

### Tennis Level 3 Intermediate (3.0+/3.5 NTRP Level)

For the player with competitive experience working on consistency, consolidating fundamentals and strategy. A different topic will be covered each week, including technique adjustments, shot selection and effective patterns for social or early competitive context. Last half-hour is singles and/or doubles match play. Coach: Dan or Leo

Code	Day	Dates	Time	Cost
1177	Mondays	1/9-2/6	9:00-10:30 AM	\$105
1178	Mondays	3/6-6/5	9:00-10:30 AM	\$305

### Tennis Level 4 Intermediate (3.0+/3.5NTRP Level)

For the player with match experience seeking help with consistency, more effective patterns and strategy. A different topic will be covered each week, such as singles and doubles technique adjustments, shot selection and positioning for social, early or more advanced competitive context. Last half-hour is match play.

Coach: Dan or Leo

<u>Code</u>	Day	<u>Dates</u>	Time	Cost	
1185 \	Wednesdays	1/11-2/8	10:30 AM-12:00 PM	\$130	
1186 \	Wednesdays	3/8-5/31	10:30 AM-12:00 PM	\$305	

### Tennis Level 5 Intermediate (3.5 NTRP Level)

For the player with match experience seeking help with consistency, more effective patterns and strategy. A different topic will be covered each week, such as singles and doubles technique adjustments, shot selection and positioning for social, early or more advanced competitive context. Last half-hour is match play.

Coach: Leo Giraldi

<u>Code</u>	Day	Dates	Time	Cost	
1183	Wednesdays	1/11-2/8	9:00-10:30 AM	\$130	
1184	Wednesdays	3/8-5/31	9:00-10:30 AM	\$305	

### Tennis Level 6 Advanced (4.0 NTRP Level)

Designed for the regular competitive player looking for technical pointers, more advanced drills and practice games in a social yet competitive environment. Students will be challenged with different patterns each week, specialty shots, taught creativity and encouraged to fine tune their style according to skills.

Coach: Dan or Leo

Code	Day	Dates	Time	Cost	
1187	Thursdays	3/15-6/7	5:00-6:30 PM	\$305	



**Larkspur's Heritage Preservation Board** sponsors a varied selection of free walking tours each year. Our spring offerings include the history of Downtown's northern portion and a visit to the trees of Baltimore Park. Walks are cancelled in the event of steady rain.

### **Historic Larkspur Walking Tours**

Larkspur's Heritage Preservation Board sponsors free walking tours each year. Our fall offerings include a foray into historic Baltimore Canyon, the trees of Downtown, and the history of Downtown's northern portion. Walks are cancelled in the event of steady rain.



### Larkspur's Historic Downtown-Old North Central

Larkspur's downtown was developed in the late 1880s by about a dozen families who settled here and founded small businesses. Much of that activity centered in the area between Doherty Drive and Ward St. Within decades the dirt roads and wooden railroad station had been joined by a variety of homes, services and shops. Join us to discover the remaining vestiges of that early history!

Richard Cunningham will guide walkers on a two-hour tour through areas he researched and explained in the 2010 book Larkspur Past and Present. For more information, call Richard at 415-924-6976. (This tour will repeat and complete a tour that was rained-out in Oct. 2016.)

WHEN: Saturday, April 8, at 10:00 am - Noon. WHERE: Meet in front of the 1929 railroad station ("King of the Roll" Restaurant) at 552 Magnolia Ave. Ample parking nearby.

GUIDE: Richard Cunningham.



#### Trees of Baltimore Park

Larkspur's Baltimore Park neighborhood contains almost 40 species of noteworthy trees; all will be in spring leaf. A few are survivors of more than 200 years old, and others were planted within historic yards nearly a century ago. Join tree expert Katherine Jones for a one-hour tour that will reveal and identify some special trees in plain view that might otherwise escape your notice. She will explain their features and provide some memorable anecdotes. For more information, call Katherine at 927-7647.

WHEN: Saturday, May 6, 2017 at 10:00 a.m. and lasting about one hour.

WHERE: Meet two blocks south of downtown at the landmark oak tree standing in the center of West Baltimore Ave. at its intersection with Magnolia Ave. Ample parking is available on West Baltimore. GUIDE: Katherine Jones.



### For Fitness' Sake- Low-Impact Aerobics

Fitness is a gift that only you can give yourself. Make scheduling time for fitness a priority. Study after study concludes that regular, moderate exercise is beneficial for optimal health. This proven program has been offered in Marin since 1985. In our noncompetitive, supportive atmosphere, we welcome you at your current fitness level, whatever that is. This is a professional, complete program from warm-up, aerobic and toning, through stretch and relaxation. For questions or to register, call Cindy Leroux at (415) 454-6801. Register for these classes directly with the instructor. \$6 drop-in.

Class Location: Hall Middle School PE Portable

Days	Dates	Time	Cost
Mon,Wed,Fri	Ongoing	5:30pm-6:35pm	\$40/8 classes
Mon,Wed,Fri	Ongoing	5:30pm-6:35pm	\$50/12 classes
Mon,Wed,Fri	Ongoing	5:30pm-6:35pm	\$60/month

### **Larkspur Community Garden**

The Larkspur Community Garden has been in Piper Park since 1982. We work together growing organically and learning to learn about mulching, watering, other gardeners' techniques, sharing harvests, and building community in an ongoing year -round opportunity. We participate in community garden projects, which keep our garden looking nice. We share good old garden know-how and receive recreation and therapeutic hands-in-the-soil benefits. To sign up for the waiting list call (415) 927-6746.

### Waterbird Festival in Piper Park

#### January 21, 8am-9:30am.

Richardson Bay Audubon Center is hosting a Corte Madera Creekside Waterbird walk. The bird walk is being hosted by Rich Cimino of Yellow Billed Tours and an Audubon field trip leader. Bring Binoculars and bird field guide, no pets please. RSVP required, for registration go to: http://richardsonbay.audubon.org/programs/waterbird-festival.





### **Larkspur Walkers**

The Larkspur Walkers would like to invite you to join them on one of their morning walks. Walks start and finish at Piper Park. You have probably seen us walking along the bike paths, trails, and climbing the easement staircases around Larkspur.

On the first Wednesday of each month we carpool from Piper Park to take a walk at a location within the county or in San Francisco. Walks are held every Monday, Wednesday, Friday and Saturday from 9:00am-10:00am. Come and walk with us, and decide if this is a fitness program that meets your needs. \$20 yearly membership is good until June 2015.

Location: Meet at Piper Park

### History of the Larkspur Walker Walking Group

In 1987, Larkspur Recreation Director Nancy Spivey realized that there was a need for active programming for Larkspur's seniors. She decided that a walking program would be an opportunity for participants of all abilities to join in and she founded the "Larkspur Walkers". Nancy began by leading several walks each week. The walks ambled all over Larkspur, including parks and staircases around town and back to Piper Park, all in an hour.

Since then, the membership has grown to more than 130 members who have the opportunity to participate up to four days each week. Walkers add to their fitness level and make friends, all while taking in the sights and sounds of Larkspur. The Larkspur Walkers are now supported by a group of dedicated volunteers who keep the experience special and fun.

### **Program for Adults with Special Needs**

Larkspur Recreation offers a variety of programs at Larkspur Recreation in conjunction with Rec. Inc. for Adults with developmental disabilities. Programs vary from art classes, healthy eating, 3rd Friday dances, wiffleball, movie nights, basketball, world beat, and Lions Club. We always welcome new participants, for more information about one of the programs visit the website at www.recinc.org. Questions? Email info@recinc.org or call (415) 453-4847.

### **Larkspur Champions Lions Club**

Members of this special chapter of the international charitable organization: perform community service, act as officers, plan special events, and visit other Lions Clubs.

Dates: Check Rec Inc. website for session dates Class Day: 2nd & 4th Thursday of the Month

Time: 6:00-7:30pm

#### **World Beat Circle**

Music & dance everything happens here! It's a circle of personal sharing, stretching, African influenced dancing, and sometimes drumming.

Dates: 1/12-2/23 Class Day: Tuesday Time: 6:10-7:10pm

### **Be Healthy**

Almost all our members have lost weight and are keeping it off! Dixie James with her weekly charismatic, inspirational talks, workout challenges, and healthy food discussions. Lose weight with the support of friends. Learn about nutrition and getting fit.

Dates: Check Rec Inc. website for sesssion dates

Class Day: Tuesday Time: 4:30-6:00pm

### Wiffleball with the Wildcats!

REC Inc has produced another undefeated sports team! Come play with Coach Karen Carlson while we slaughter teams from all over the community. Our players have made up an entirely new list of wacky rules so anyone can play this highly adaptable game. Ever play with no "outs", a zillion pitches, or 3 runners on one base?

Dates: Check Rec Inc. website for session dates

Class Day: Tuesday Time: 6:15-7:30pm

### **Third Friday Dance**

This is an excellent opportunity to meet some new folks, catch up with friends, and have a great time. With the wild music of Ebony Slam by Feeve you'll want to dance! A different theme every month!

Dates: Check Rec Inc. website for sesssion dates

Class Day: 3rd Friday of Every Month

Time: 7:00-9:30pm

### **Basketball for Winners**

Be a member of the Seals. Everyone plays - we adapt the game to our players' abilities. The Seals play community members, families, police & fire departments, community service groups, and celebrities like comedian Michael Pritchard.

Dates: Check Rec Inc. website for sesssion dates

Class Day: Monday Time: 6:35-8:00pm





### Mini Parks in Larkspur

### **Bon Air Landing Park**

South Eliseo Drive (next to 557 S. Eliseo) Fishing dock, sitting and picnic area greenbelt

#### **Centennial Park**

Magnolia at Alexander Avenue Picnic tables, tennis courts, benches, drinking fountain, greenbelt, baseball fields.

### **Doherty Park**

Between Lucky's parking lot and Magnolia Avenue Benches, historical marker, greenbelt

#### **Dolliver Park**

Magnolia Avenue at Madrone Avenue Play equipment, restroom, picnic area

#### **Greenbrae School Park**

Eliseo to Parkside Way Tot lot, basketball court, greenbelt

#### **Hamilton Park**

South Eliseo Drive (next to 1251 S. Eliseo) Sitting and picnic area, greenbelt

#### **Heatherwood Park**

Midway at Diane Lane Play equipment, basketball hoop, picnic area, greenbelt

### **Neighborhood Park**

North side of Larkspur Landing Shopping Center Greenbelt, picnic area.

#### **Niven Park**

Barry Way at Drakes Landing Benches, picnic tables, play equipment, greenbelt

#### Remillard Park

East Sir Francis Drake Blvd. Freshwater marsh, wildlife sanctuary, bay fishing from levee.



### **Piper Park**

Located At 250 Doherty Drive (behind police station) Facilities are available to rent.

**Picnic Tables:** 30 tables and 14 BBQ grills \$41.00 per table or \$780.00 entire area

**Softball Fields:** 2 fields (price per field) Adult: \$46.00/hour Youth: \$41.00/hour

Sand Volleyball Courts: 2 courts (price per court)

Adult: \$46.00/hour Youth: \$41.00/hour

Soccer Field: 1 grass field

Adult: \$46.00/hour Youth: \$41.00/hour

**Synthetic Soccer Field: 1** field Adult: \$72.00/hour Youth: \$72.00/hour

### **Canine Commons Dog Park**

Larkspur Canine Commons, located in Piper Park, is the regular playground for local dogs and their owners. This special area allows dogs and dog owners to have an opportunity to enjoy the company and interests of other people and their pets. To utilize the Canine Commons, dogs must display a current license, never be left unattended, and females must not be "in heat." It is also recommended dogs are spayed or neutered. Please remember to abide by the City's leash law and pick up after your pet. The Canine Commons is on the move! Check the website for additional information.



## PIPER PARK PLAYGROUND UPDATE!

Construction on the new playground at Piper Park in underway and is expected to be complete by January 1st! Come on out and have some fun! Ribbon cutting to be announced soon.



### **Heritage Trees**

Part of the culture of living in Larkspur is the respect and loving care we give our community's historical heritage trees. For this reason, Larkspur has long had a Heritage Tree Ordinance. Permits are required to remove or significantly prune a Heritage tree. View the Muncipal Code (section 12.16) on our website at www.cityoflarkspur.org for more information about Heritage Trees.



### **Tree & Bench Donations**

The City of Larkspur gratefully accepts donations of trees, park benches and/or monetarty contributions for the city's parks. If this is of interest to you, please contact Public Works department at (415) 927-5017 or email publicworks@cityoflarkspur.org.



### **City Meetings**

Unless noted all meetings will be held at City Hall in the Council Chambers 400 Magnolia Ave.

City Council: 1st & 3rd Wednesday 6:30pm

Library Board: 2nd Monday 6:15pm

Planning Commission: 2nd Tuesday 7:00pm

Heritage Preservation Board: 2nd Thursday 7:00pm

Parks & Recreation Commission: 3rd Thursday 6:30pm

#### **Office Hours**

Monday-Thursday 9:00am-12:00pm & 1:00pm-5:00pm Closed Friday, Saturday & Sunday www.cityoflarkspur.org

### **City Council**

Catherine Way, Mayor Kevin Haroff, Vice Mayor Larry Chu, Dan Hillmer, Ann Morrison

#### **Contact Information**

City Hall Administration (415) 927-5110 Fax: (415) 927-5022 Public Works (415) 927-5017



## Twin Cities Pre-Kindergarten

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### FRIDAY, FEBRUARY 10 - 7PM - 10PM

Corte Madera Parks and Recreation would like to invite all the fellas, gals and kiddos to a truly nifty night. So grab your pomade and wear your best poodle skirt and join us for neato dance and a swell buffet dinner! Please register online, by phone, or in person at the community center to make sure you don't get stuck without a ticket in Dullsville.

Adult supervision required.

**Location: Main Hall** 

Class Code: 508 • Ticket Price: 25

**Residential Customer** 

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Saturday, April 8 • 8-10:30am • \$9 Per Person

Here comes the cotton tail! Join your friends at Corte Madera Parks and Recreation for a pancake breakfast and an egg hunt. Breakfast will include: sausage, pancakes, potatoes, juice, milk and coffee.

The first egg hunt begins at 9:00am, the second at 9:30am and the last at 10:00am. Egg hunts are not separated by age. Adult supervision required.

Location: Corte Madera Community Center

# FLASHLIGHT EGG HUNT at Piper Park

### Friday, April 14 • 8:30pm

Grab your flashlight and basket and join us at Piper Park for our second annual Flashlight Egg Hunt! Eggs stuffed with goodies will be spread across a section of the Park. When the whistle blows, the search begins! The hunt begins at 8:30pm – don't be late!

